Dog Pregnancy Planner

Due date: _____ Bred / mated on: _____ Vet phone: _____

Week-by-week checklist

	When	What's happening	To do
☐	Weeks 1–3	Fertilisation; implantation around days 18–23. Few signs.	Normal routine. Ask the vet before any medicine.
☐	Week 4	Vet may feel puppies (days 20–28). Relaxin test from day 27–30.	Book a vet check.
☐	Week 5	Ultrasound confirms pregnancy and heartbeats (days 28–30).	Ask the vet about diet.
☐	Week 6	Nails form around day 40; belly starts to show.	Choose a quiet spot for the whelping box.
☐	Week 7	Skeleton develops around day 45; belly large and firm.	Set up the whelping box.
☐	Week 8	Movement visible from day 50; X-ray count from day 55.	Get the puppy count; pack the kit.
☐	Week 9	Nesting days 58–62; appetite drops days 61–62.	Take her temperature daily; watch for labor.

When to call the vet straight away

Green or black discharge before the first puppy; strong contractions for an hour with no puppy; 45–60 minutes between puppies; fewer placentas than puppies; she seems unwell; or no labor by day 72 from breeding.

Temperature log (last week of pregnancy)

Normal is 100–102.5 °F. About 24 hours before whelping it usually falls to around 99 °F.

Date	Day of pregnancy	Morning °F	Evening °F	Notes

Birth kit checklist

☐	Clean, dry towels and paper towels
☐	Infant nasal bulb syringe
☐	Digital thermometer
☐	Unwaxed dental floss and clean scissors
☐	Safe heat lamp or heat pad
☐	Small scale that weighs in ounces
☐	Vet's phone number and an emergency plan

Puppy record

Puppy #	Time born	Sex	Weight (oz)	Colour / markings	Placenta passed?	Notes