FREE PRINTABLE · NEWBORN WEIGHT TRACKER

Kitten Weight Tracker

Page 1: weigh every kitten every day for the first two weeks. Write the date under each day.

MOTHER'S NAME _____ BIRTH DATE _____ UNIT: G / OZ _____ LITTER SIZE _____

Weigh at the same time each day on a kitchen scale in grams.

Kittens usually weigh about 90–110 g at birth and gain about 10–15 g a day (around 100 g a week).

Call your vet if a kitten loses weight or stops gaining for a day.

#	Colour / name	Sex	Birth weight	Day 1 _/_	Day 2 _/_	Day 3 _/_	Day 4 _/_	Day 5 _/_	Day 6 _/_	Day 7 _/_	Day 8 _/_	Day 9 _/_	Day 10 _/_	Day 11 _/_	Day 12 _/_	Day 13 _/_	Day 14 _/_
1																	
2																	
3																	
4																	
5																	
6																	
7																	
8																	

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Kitten Weight Tracker — Weeks 3 to 8

Page 2: weigh twice a week until 8 weeks old. Write the date under each column.

#	Colour / name	Sex	Birth weight	Wk 3 _/_	Wk 3 _/_	Wk 4 _/_	Wk 4 _/_	Wk 5 _/_	Wk 5 _/_	Wk 6 _/_	Wk 6 _/_	Wk 7 _/_	Wk 7 _/_	Wk 8 _/_	Wk 8 _/_
1															
2															
3															
4															
5															
6															
7															
8															

Notes (feeding, vet visits, deworming, vaccinations)