FREE PRINTABLE · NEWBORN WEIGHT TRACKER

Puppy Weight Tracker

Page 1: weigh every puppy every day for the first two weeks. Write the date under each day.

MOTHER'S NAME _____ BIRTH DATE _____ UNIT: G / OZ _____ LITTER SIZE _____

Weigh at the same time each day on a kitchen scale (grams or ounces).

Healthy puppies gain every day after the first day and roughly double their birth weight in the first 1–2 weeks.

Call your vet if a puppy loses weight after the first day or stops gaining.

#	Collar colour / name	Sex	Birth weight	Day 1 __/__	Day 2 __/__	Day 3 __/__	Day 4 __/__	Day 5 __/__	Day 6 __/__	Day 7 __/__	Day 8 __/__	Day 9 __/__	Day 10 __/__	Day 11 __/__	Day 12 __/__	Day 13 __/__	Day 14 __/__
1																	
2																	
3																	
4																	
5																	
6																	
7																	
8																	
9																	
10																	
11																	
12																	

FREE PRINTABLE · NEWBORN WEIGHT TRACKER

Puppy Weight Tracker — Weeks 3 to 8

Page 2: weigh twice a week until 8 weeks old. Write the date under each column.

#	Collar colour / name	Sex	Birth weight	Wk 3 _/_	Wk 3 _/_	Wk 4 _/_	Wk 4 _/_	Wk 5 _/_	Wk 5 _/_	Wk 6 _/_	Wk 6 _/_	Wk 7 _/_	Wk 7 _/_	Wk 8 _/_	Wk 8 _/_
1															
2															
3															
4															
5															
6															
7															
8															
9															
10															
11															
12															

Notes (feeding, vet visits, deworming, vaccinations)